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A member country
honoured



ISF and Youth
YouthSportWorld

#BEACTIVE

The European Week of Sport
the 2016 edition



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#08 | January/February 2016

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THE PRESIDENT'S Rendezvous



As a busy year is about to start we also wanted to set some clear goals and guidelines that will help enhance our performances.

We wanted to start the new year bringing into ISF new people and new innovations that will help bring us closer to the youngsters and help understand their needs and interests. As well as opening more on social media we want to try to include more activities aimed at having youth more included in all the stages of ISF events and initiatives. As suggested by the Youth Sport World, we will start planning the creation of a youth council made up by students, this will help us both to have some insight from the youngsters perspective on sport and education, as well as will enable the students to have an experience that will help their personal growth.

We will also try to focus on new institutional dynamics, preparing to include ISF into the European Erasmus+ project. Besides the project itself, we want to try to amplify our network and partnership with all those bodies that are interested in doing good for the young generations.

Both topics were introduced and presented in the European meeting that was held in Cyprus in January. The meeting proved to be successful and the members agreed with the proposals.

Find out more about this topic further in this magazine.

We really want to achieve, what is the real focus of ISF, which is the well-being of students and we all know that sport is a fundamental asset that needs to be pushed forward in order to give them a brighter future.

The relevance of sport in the daily life is constantly increasing and the numbers of people doing sport worldwide are undeniably optimistic.

This is happening because people are paying more and more attention to their health and this is also due to what we stand for, education through sport, because it is just through the educational component of sport that we can aim to have better athletes, better students, better citizens which translates automatically in a better world.

New peaks and goals are ahead of ISF and its members; in 2016 we aim at a sustainable growth that we hope will bring us together with our partners a successful year of school sport.

Laurent Petrynka

1st ISF European Meeting

In response to the initiative of the ISF European President, 28 ISF members representing 19 European countries gathered in January in Ayia Napa, Cyprus for the first ISF European Meeting.



"the core of ISF built on the DNA of sport values, friendly attitude and the acceptance of differences is incredible and only brings positive feedbacks for the youngsters" stated Mrs Kalli Hadjiosif – Inspector of Physical Education for Secondary Schools, Ministry of Education and Culture who officially opened the meeting.

Before giving the floor to the ISF European President, Laurent Petrynka, ISF President affirmed the positive outcomes of the VISION2030 and his support for an ISF European Governance. The entire meeting was led by the ISF European president, Nicos Megalemos who set the agenda under two key features, the VISION2030 and the governance of ISF Europe. The VISION2030 was explained step by step

to consult everyone and introduce any modifications suggested by the ISF European members. The age limit and gender equality, safety and risks management, youngsters involvement are a few of the many topics discussed.

The second part of the meeting focused on European issues; Romain Fermon, ISF Marketing&Communication Manager, introduced a detailed presentation of the Erasmus+ Programme. An important point for the members who could apply for the organisation of ambitious European programmes with the support of Erasmus+ Programme. This discussion was followed by the establishment of a European Forum proposed by Charlie Raeburn, ISF assessor, which led to the issues about the governance of an ISF Europe.

The decision was unanimous; an ISF steering Committee was created to propose the future of the ISF Europe structure planned for the next European Meeting during the General Assembly.

The meeting finished with the presentation of the next two ISF European Championships (Football in 2016 and Badminton in 2017), a presentation of Special Olympics with the special presence of the athlete Chloe Demetriadou with whom the ISF has a MoU since September 2014.

Tackling that same topic, the School Sport Federation of Portugal presented a new ISF Championship project dedicated to young athletes with disabilities.

An ambitious meeting that will be reiterated once a year

Yves Le Lostecque

Head of the Sport policy and programme Unit European Commission – DG EAC

After a successful first edition in 2015 launched by the European Commission, the 2016 European Week of Sport (EWOs) will be organised to continue promoting participation in sport and physical activity. The EWOs aims at highlighting the benefits of sports, regardless of age, background or fitness level. It encourages every initiative that will enhance more sport opportunities for European citizens ([main elements of the 2016 EWOs](#)).



Lately, the ISF has been strengthening the cooperation with the European Commission and encourages all the European countries to consult the [recommendations](#) published by the expert group on health-enhancing physical activity and individual [factsheets](#) on EU Member States.

On this occasion, Yves Le Lostecque – Head of the Sport policy and programme Unit European Commission – DG EAC made us the honour to dedicate to the ISF a moment for an interview

The lack of physical activities and cohesion of school sport was the reason of the creation of the International School Sport Federation in the seventies. What was the trigger that led the European Commission to establish in 2015 - the first European Week of Sport ?

The approach of the European Commission is based on a simple observation: sport and physical activity contribute to the well-being of European citizens. Regular practice brings as many pleasure as healthy benefits constitutes. However, the physical activity levels are currently stationary or even declining in some countries. This trend is clearly highlighted in the latest Eurobarometer survey on sport and physical activity published

in March 2014. The European Week of Sport is one of the answers from the European Union. It is part of the range of tools we have developed to promote greater practice. We want to help Member States, regions and local authorities, schools, partners, families, etc. to reverse the trend.

What are the first feedbacks and objectives of this European Week of Sport?

Our objective is simple: the EWOs aims at promoting sport and physical activity. It must reach out every European citizen for their own well-being. It is for everyone, regardless of age, origin or physical condition. This is an initiative involving the public authorities, the sport movement, the civil society and the private sector. We did not want an event taking place in Brussels without real impact. On the contrary, we would ideally reach every village, every sports club, every family ... therefore we would focus on local initiatives, we want to encourage European Citizens to engage in regular activity. Everyone must be convinced of the benefits provided by daily physical activity, even modest.

The first edition of the EWOs took place in September 2015. It was very promising. The feedback is very positive, so much so that the European Commission wishes to continue and expand the experience. Mr.

Navracsics, the Commissioner responsible for sport, announced several weeks ago that the second edition will take place in September 2016. The various parties involved intend to exceed the 7000 local events recorded in 2015 and further increase the active participation over all the events.

What is the impact and influence of the European Commission on the national policy of sport and education in Europe? Is there any desire to reach for more uniformity regarding the school sport system?

We have ambitious goals while being aware of our limits and positions. Education remains the prerogative of Member States. Indeed, the Lisbon Treaty gives the EU competences in the field of education and sport, supporting, coordinating or supplementing the actions of Member States. It is already a lot. Nevertheless, we need the cooperation of our public and private stakeholders to take effective initiatives. We can assist and encourage but certainly not legislate or harmonize.

In the framework of the implementation EU Work Plan for Sport -2014-2017 , the European Commission has recently prepared, with national experts and several nongovernmental organizations, a range of recommendations to encourage physical education in schools, and to create meaningful

interaction between schools, the sports sector, public authorities and the private sector. But the support initiatives from the European Commission are not only bounded to that. As part of the implementation of the recommendation of the Council on the promotion of physical activity as a healthy factor, the European Commission also facilitates exchange between Member States with experts. We want to highlight and promote what works. We have also just published, in cooperation with the World Health Organization, summary per country enhancing physical activity as healthy highlighting the most innovative national initiatives, particularly in the area of physical education and sports instruction.

Finally, the Council of the Europe recently adopted conclusions on motor skills, physical and sport activities for children, emphasizing the importance that must be given to this issue at European level.

The Program Erasmus+ allows financial support for any kind of physical activities.

According to your statistics, the percentage of European girls teenagers practicing sports is 20.4% while the boys are at 35.4%. How do you explain that girls are less involved in sport than boys? What will be done to overcome this?

The question of the participation of boys and girls is fundamental, while difficult to grasp by reliable data.

Sometimes the problems associated with the image and appearance may play a role at a difficult age when bodies change. However, we do not think that girls are inherently less involved in sport. Rather, we consider that some changes are needed in how to design sports activities to interest and attract more women. For example, some partners, focus less on competition and it would be worth it to investigate more. Why not having the competition in the meantime bring positive values?

Moreover, we believe it is possible to improve these statistics by addressing other issues of gender inequality in sport. For example, increasing the representation of women in management and leadership



positions could promote cultural change, a change in our relationship to sport and physical activity. These changes could create a positive context to include more women. Similarly, the work on gender-based violence and the elimination of stereotypes about the gender inequality would make the sport safer and create a more attractive environment for girls. But not only for girls; for boys too!

The average hours of compulsory sport classes in schools within the European Union is two hours? Taking into consideration that physical activity leads throughout the life of a person (values, health, welfare, etc.), wouldn't it be wiser to consider this material as importance as other materials such as math or native language?

The benefits of physical activity on health and on cognitive aspects, brain function and school performance are now scientifically well established. Specifically, the World Health Organization recommends that children and young people aged from 5 to 17 to spend at least 60 minutes a day doing physical activity from moderate to intense practice.

It is clear that schools can play an important role, especially when we know that healthy habits acquired during childhood are more likely to be observed in adulthood. However, we must always keep in mind the role of each other. The definition of educational program remains a national prerogative. An encouraging note is the diversity of national initiatives suggested by Member States to tackle this issue, not only through the curriculum but also through activities and extracurricular offers.

A member country honoured China



The China School Sports Federation (CSSF) is the national school sports federation under the Ministry of Education of China. CSSF is a full member of ISF, also a member of All-China Sports Federation (ACSF), Asian School Sport Federation (ASSF), and Asian Schools Football Federation (ASFF).



The CSSF was founded in 1973 in Beijing, and its headquarter has been there since then.

INTERNATIONAL INVOLVEMENT WITH ISF

CSSF is affiliated with ISF since 1974 as the first Asian member. As an active member of ISF, CSSF has been assigning teams for ISF events and hosting its events equally. In 2006, CSSF won the "Raymond Defever Trophy", attributing to those members who have made outstanding contribution for the development of international school sports. China has hosted 12 events since its affiliation to ISF, with the last WSC of Athletics in 2015 in Wuhan.

CSSF is the sole governing body that is authorized to organize the nationwide school sports competitions, and carry out international cooperation and exchange programs

for middle and high school students. It is affiliated with 9 branch associations: Basketball, Track and Field, Football, Volleyball, Table Tennis, Board Game, Taekwondo, Media Committee and Working Committee of Principals.

Each year the CSSF organises more than 40 school sports championships and the National School Games have become the most attractive and influential event with most of the school students involved.

MISSION AND OBJECTIVE

CSSF aims at providing as many opportunities as possible for students from middle/high schools to get involved with sports activities, offering a variety of sports at different

levels. Meanwhile, CSSF emphasizes international exchange program within middle/high school students through sports, every year, students are encouraged to go abroad to take part in international school sports events. Education through sports is the core mission for CSSF to convey to students. One of the main objectives that CSSF has been setting up for those students who travel abroad is called "3 ones": it includes to make one foreign friend, go to one local museum and visit one local higher institution. This "3 ones" will help students to learn the local culture, tradition and history. It is through these activities aimed at promoting the development of school sports, and to improve the physical condition of students that we will enrich the school life with sports.




Gymnasiade Part 2

Introducing the city of Trabzon



Trabzon is the biggest city of the Eastern Black Sea region and one of the most popular and important cities of Turkey. The harbour of Trabzon has attracted international visitors since early medieval times. A major trade centre since early medieval times, and visited by Marco Polo among many others famous personalities.

 In medieval times, the city was the capital of Empire of Trebizond, which was ruled by the Komnenos family, one of the most important families of the Western Roman Empire, which also provided several emperors to the Byzantine throne in Constantinople, Istanbul today. After Trabzon was captured by Ottoman Turks in 1461, after the fall of Constantinople the remnants were dethroned.

Together with its glorious history, the city of Trabzon is situated at the shores of the Black Sea, and surrounded by mountains and a lots of green forest as well and many rivers and highlands as the Uzungöl, a lake up in the mountains of Trabzon, at an altitude of 1090m which provides a breathtaking view as well as a full immersion into the green nature as the lake is surrounded by the forest.

TO SEE

The Aya Sofya Museum is probably the town's most important tourist attraction, a stunning beautiful Byzantine church converted into a mosque and later into a museum and back to a mosque that still has beautiful frescoes. The ruins of the Trabzon castle are still visible from the city but not accessible anymore since they fall in the military zone.

HOW TO GET TO TRABZON

Daily planes are departing from Ankara, Istanbul and Izmir. There are also flights from Adana (Pegasus Airlines) and Bursa (Borajet), as well as scheduled international flights from certain European and regional cities. By bus from all major cities in Turkey. From Istanbul which takes around 18 hours they depart several times per day. There are also

buses from Tbilisi, Georgia (about 12 hours) which serves as a useful point of entry to the country from Caucasus.

LEISURE ACTIVITIES

Trabzonspor, why not watch a match of the local football team, Trabzonspor, the most successful team in Turkey outside of Istanbul.

TYPICAL FOOD AND ACTIVITIES

There are nice local meals really worth a try. Especially, pide and köfte are really famous with their taste in Turkey. Pide is kind of pizza which is made with a special bread and cheese. You can also try «kiymali» which is made with meat and served with butter. If you're brave, try traditional Turkish bath (Hamam). The men-only Hamam is right next to Efes Pub; the women-only Hamam is just around the corner. A really great authentic Turkish experience, and the people are very nice and will walk you through everything.

Trabzon is ready to host their first Gymnasiade, the city is all you need to have 8 days of competition, fun and culture all in the same place, and we cannot wait for meeting all of the participants and have a great time.



ISF World Schools Championship 2016

Badminton in Malta



Although Malta is one of the smallest countries within the ISF member countries, it is slowly becoming known as a school sports country and as an integral part of ISF.

 The ISF World Schools Championship Badminton being organised between the 28th of March and the 3rd of April 2016 will be the 4th ISF championship organised by the partnership between the Malta School Sports Federation and the ISF. After the success of the previous championships in WSC Table Tennis 2008, WSC Swimming 2011 and WSC Cross Country 2012 now it is time for the ISF World Schools Championship Badminton to become part of the Maltese School Sports history.

The government of Malta has committed itself to encourage the organisation of school sports events as much as possible. In this regard a number of sporting venues are continuously being built by the government and private sector including a martial arts centre, a beach sports centre, an indoor sports arena, two swimming pools and a brand new athletics track at the University. All these will continue to enhance the possibility of organising any ISF event in no time.

Since the first ISF World Schools Championship Badminton in 1998 these championships have grown like all other ISF inte-



gral sports and this year a record 54 teams have entered in all the 4 categories including the countries of France, Bulgaria, Brazil, Slovakia, Greece, China P.R., Germany, India, Luxembourg, I.R. Iran, Turkey, Belgium Fl., Italy, Croatia, Chinese Taipei, Scotland, Malta, Portugal, England, Spain and Pakistan.

The Maltese organising team in full collaboration with the Malta Badminton Association will be holding these championships in two venues, one at the University sports hall with 10 badminton courts and the other at the

Basketball National centre with 6 badminton courts. Both venues, although not within walking distance, will have an atmosphere of badminton for this championship and are all set for them.

For all the student athletes, coaches, referees, teachers and heads of delegations, while in Malta we promise to give you a taste of our 7000 years of history blended with school sports mentality and a hospitality that make these championships a memorable one for all.

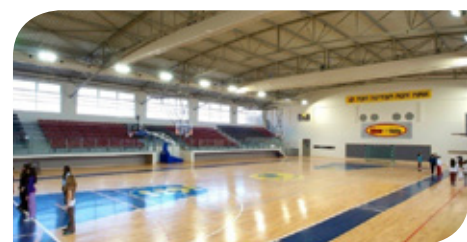


ISF World Schools Championship 2016 Table Tennis in Israel



On July 11th Saturday, the President of the Technical Commission Mr. Pieter Schippers arrived in Israel welcomed by Mr. Ofer Shimoni, the Head of the OC. Together they went to Eilat to visit different hotels and “Club Hotel Eilat” was selected as most appropriate hotel to host the participants in the championship. Following members of the Organising Committee arrived in Eilat: Mr. Moshe Koninsky, Mr. Ziv Israeli and Mrs. Adi Jurman. They went for a tour to evaluate the competition venues. Among the sites seen, there were two venues that were most suitable and appropriate to host the World Schools Championship.

On 21st January the draw of the International World Schools Championship 2016 of Table Tennis was held at the ISF Headquarters in the presence of the Secretary General Jan Coolen, Executive Director Nibert Kever and the President of the Technical Commission Table Tennis, Pieter Schippers. The heads of the groups were already seeded based on the results of the three previous world schools championships.



THE PROVISORY PROGRAMME

The provisional programme includes:
31st of March Arrival of TC and ISF delegate, the 1st and 2nd of April Arrival of Delegations and Accreditation, the 3rd of April there will be the Opening Ceremony in the morning and the competitions will start in the afternoon. The 4th there will be just the competitions and on the 5th of April the Finals. The 6th the Cultural day and the Nations Evening will take place. The 7th will be dedicated to the Individual Competitions and the Friendship Competitions, as well as the awards ceremony and afterwards the farewell party. The 8th of April the delegations will depart.

BOYS SCHOOL TEAMS

A	B	C	D
China P.R.	Czech Republic	France	Chinese Taipei
Bulgaria	England	Ireland	Turkey
Israel 1	Belgium FC	Greece	Armenia
Georgia	Poland	Israel 2	Brazil
	Cameroon	Slovakia	Germany

GIRLS SCHOOL TEAMS

J	K	L	M
China P.R.	Bulgaria	Belgium FC	Chinese Taipei
Israel 1	France	Greece	England
Slovakia	Armenia	Turkey	Czech Republic
Cameroon	Georgia	Israel 2	Brazil

BOYS SELECTED TEAMS

O	P
Chinese Taipei	China P.R.
Turkey	France
England	Israel 1
Greece	Brazil
Israel 2	Slovakia
Cameroon	

GIRLS SELECTED TEAMS

S	T
China P.R.	Chinese Taipei
France	Israel
England	Greece
Turkey	Cameroon
Slovakia	Brazil

YouthSportWorld calls the (sport) world on action with youth!



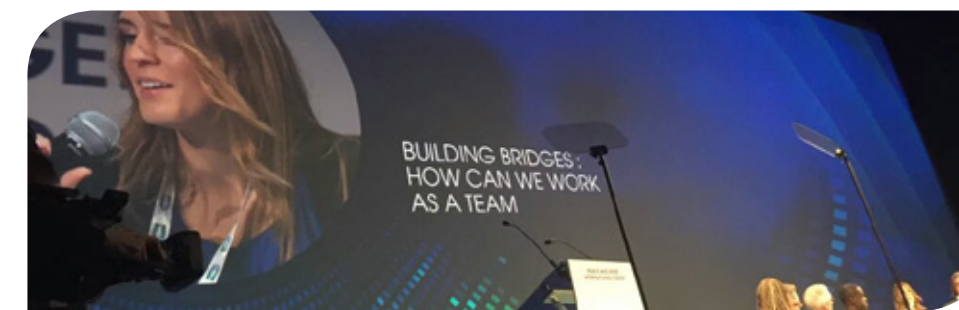
Coubertin himself was only 31 when the IOC was founded. In Coubertin’s mind, the new Olympic festival was not only a foundation of a modern sport, but a platform for the youth of the world to meet and interact in a safe and peaceful environment. The mission of the IOC still reflects today the Baron’s intention to give youth a foreground place in sport and a prominent role in international relations.



YouthSportWorld was born in order to raise the voice of youth within international sport organisations and within the dialectic between the sport movement and the international arena. The organisation was created as the International Working Group on Youth and Sport in June 2014, on the premises of the 54th Session for Young Participants of the International Olympic Academy (Ancient Olympia, Greece). YouthSportWorld mission is going beyond the research aims that were initially set: YouthSportWorld today is represented by young leaders and change-makers from all around the world, offering a unique global space for young leaders in sport and in international relations: to facilitate youth participation in international sports issues and to provide young people with tools to shape their own future in the sport sector.

Inspired by the fundamental principles of Olympism described by the Olympic charter and by the recently adopted Global Goals by the United Nations, YouthSportWorld bases its activity on the values of equality and sustainability.

By equality we mean equal possibilities for any category of people in pursue of any kind of goals and equal opportunity for all categories to make their voice heard and their opinion known. In our specific case, we believe that young people should have the right to have a say in any kind of policy that concerns them and should be able to participate in shaping these policies. Moreover, sustainability refers to the concern that any policy maker should have in making the world a better place for the future generations: sustainability means in-



novation and progress, which are not achievable without the contribution of young people.

What does YouthSportWorld do daily to help young people taking an active part in international arena and through sports?

Firstly, group of members keep doing research and collecting information: the research effort will soon result in the publication of a study describing how much young people are (not) involved in decision making processes within international sport organisations.

Secondly, YouthSportWorld active participation in international conferences and events aims to spread the voice of youth. We have started concluding agreements with organisers of these events in order to involve some young people in the organisation of the event itself. Thirdly, members of the organisation keep advocating for an increased youth involvement in national and international level of which they are part. We also constantly aim to enlarge our contact-base and membership in order to get as much motivated youth as possible involved in our activities.

Fourthly, we act as consultants for sport organisations aiming to improve the role that youth has in their development. In this respect, after a positive meeting with the ISF President in occasion of the Peace & Sport International Forum, last November in Montecarlo, Monaco, YouthSportWorld has began a fruitful exchange with the ISF itself that already brought results in term of youth involvement in the ISF management.

We are all witnessing nowadays that sport is experiencing a period of profound renovation and its role in international relations acquires every day more importance. However, even though youth is the main point of most policies (national, regional and international) regarding sport, the number of young people involved in the decision making processes that shape these policies is still very low.

Inspired by Pierre de Coubertin’s and by Charter of the United Nations’ ideals, YouthSportWorld aims to become soon a platform for all the young people wanting to act, react and exchange with global stakeholders and within global developments; while creating a better, more equal and more sustainable future by means of sports.



2016			
European Meeting	15.01-17.01	Ayia Napa	Cyprus
1. Executive Committee	10.05-15.05	Marmaris	Turkey
General Assembly	11.05-14.05	Marmaris	Turkey
Ski	22.02-27.02	L'Aquila	Italy
Handball	11.03-19.03	Rouen	France
Badminton	28.03-03.04	Gzira	Malta
Table Tennis	01.04-08.04	Eilat	Israel
Futsal	03.04-10.04	Poreč	Croatia
Cross-country	21.04-26.04	Budapest	Hungary
Volleyball	25.06-03.07	Belgrade	Serbia
Gymnasiade	11.07-18.07	Trabzon	Turkey
2. Executive Committee	December	Mumbai	India
<i>UNDER THE AEGIS OF ISF</i>			
3rd ISF School Sport			
Educational Games	23.04-28.04	Athens	Greece
School Football EURO 2016	29.05-06.06	Lille / Lens	France
Basketball 3 x 3	16.06-21.06	Tallinn	Estonia
3rd Pan-American School Games	(Oct-Nov-Dec)	(.....)	Brazil
Cricket	11.12-19.12	Mumbai	India

2017			
1. Executive Committee	1st semester	(Papeete)	(French Polynesia)
Athletics Memorial Jean Humbert	17.05-24.05	Nancy	France
Basketball	April	Poreč	Croatia
Football	May	Prague	Czech Republic
Orienteering	(.....)	L'Aquila	Italy
Swimming	(.....)	Budapest	Hungary
Tennis	(.....)	(Goiânia)	Brazil
2. Executive Committee	2nd semester	(.....)	(Italy/Croatia)
TC Seminar/Convention	(.....)	(.....)	(Italy/Croatia)
<i>UNDER THE AEGIS OF ISF</i>			
Beach Volleyball	26.05-02.06	Papeete	French Polynesia
Triathlon	(.....)	(.....)	Puerto Rico
Combat Games	(.....)	Pune	India
Euro Schools Badminton	(.....)	Nice	France

2018			
1. Executive Committee	(.....)	(.....)	(Brazil)
General Assembly	(.....)	(.....)	(Brazil)
Badminton	(.....)	Pune	India
Cross-Country	02.04-07.04	Paris	France
Futsal	Spring	Ramat Gan	Israel
Handball	March	Doha	Qatar
Winter Gymnasiade	(.....)	(.....)	(.....)
Table Tennis	(08.06-16.06/spring)	(Yaounde/.....)	(Cameroon/Malta)
Volleyball	May/June	Brno	Czech Republic
2. Executive Committee	(.....)	(.....)	(.....)
<i>UNDER THE AEGIS OF ISF</i>			
Basketball 3 x 3	(May/June)	Belgrade	Serbia
Gymnastics	(.....)	(.....)	(.....)

2019			
1. Executive Committee	1st semester	(.....)	(.....)
Athletics - Memorial Jean Humbert	(.....)	(.....)	(.....)
Basketball	(.....)	(.....)	(.....)
Football	(.....)	(.....)	(.....)
Orienteering	(.....)	(.....)	(.....)
Swimming	(.....)	(.....)	(.....)
Tennis	(.....)	(.....)	(.....)
2. Executive Committee	2nd semester	(.....)	(.....)
<i>UNDER THE AEGIS OF ISF</i>			
Triathlon	(.....)	(.....)	(.....)
Combat Games	(.....)	(.....)	(.....)
Beach Games	(.....)	(.....)	(Turkey)

2020			
Gymnasiade	(.....)	(.....)	(.....)

Remark: between brackets = application / not yet decided/confirmed



"We are school sport"



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