



MAGAZINE

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Interview ISF EC Member

Mr Panya Hanlumyuang

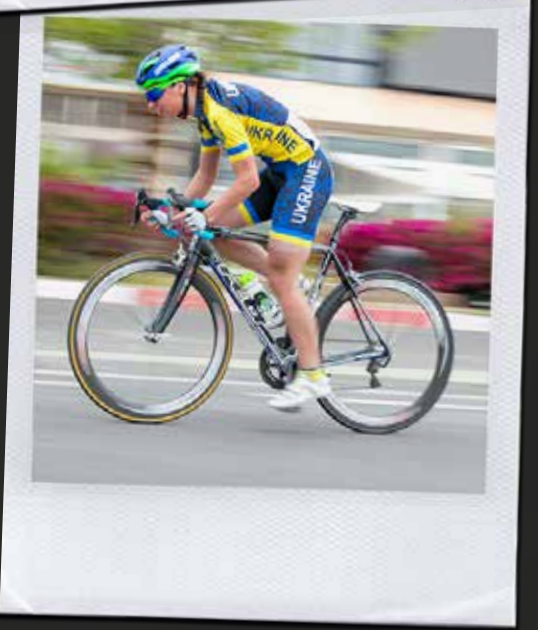
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"Rendez-Vous" WITH THE PRESIDENT

As we begin yet another busy and eventful year, let us take a moment to reflect and appreciate the success we have achieved in 2018.

I am delighted with the strides we have taken this past year and cannot thank you all enough for the passion and dedication displayed in helping the ISF develop and grow. Nonetheless, I am happy to say that for 2019 we are not content with just sitting back and admiring our past successes, with the new year bringing about a very important transitional period.

With the close of 2018, our Executive Committee meeting hosted in Sochi, Russian Federation was able to decide upon the progression of the ISF secretariat and Committee. This outcome was greatly needed and will help in strengthening and broadening the ISF's ability to develop school sport and expand our reach. This will be partly thanks to the new structure involving to a higher degree, member countries, helping expand and improve our ability to provide youth with professionally run sport events.

Alongside this progress, I would like to welcome to appointment of the new Secretary General/CEO, Hrvoje Čustonja earlier this year. This is a clear example of the professionalism the ISF wishes to retain, whilst ensuring its continued development in implementing the ISF vision 2030 of which we wish him all the best.

Speaking of expanding our ability to run events, 2019 will see the addition of six inaugural events taking place, with World Schools Championships being held for Chess, Dance, Climbing, Flying Disc and Volleyball U15, along with the newly created ISF Inclusive Games. The ISF Beach Games were added to the 2020 calendar, whilst Armenia, Azerbaijan and Ukraine have officially joined the list of ISF host countries. In framework of the ISF Gymnasiade 2020, I would like to welcome our four new sponsors namely: Anta, Panpan, Shuhua and Lilang. We are excited to launch our cooperation beginning with the 2019 events

A total of 17 events make up the ISF calendar for 2019, with 13 of them being World School Championships. One of these events is the landmark project "She Runs, Active Girls' Lead", paving the way for future generations of empowered women. We look forward to welcoming 500 girls of the future from over 35 different nations from around the world to come together for a mixture of educational, cultural and entrepreneurial activities combined with a 3km non-competitive run in this first edition of the "She Runs" project.

Looking further ahead, to 2022 and specifically the Gymnasiade – ISF School Summer Games taking place that year. Three candidates; France, Russia and Serbia have put forward their intentions to organise the event. The strong commitment shown by each of these countries is a great example of how significant this event has become in the school sport calendar, demonstrating the clear development and expansion of ISF on a global scale.

To our ever growing ISF family I would like to once again take this opportunity to thank you; each of the 118 members, for the work and dedication you have given to ISF in serving the development of school sport.



Laurent Petrynka

World of School Sport

Asian School Sport Federation's 14th General Assembly, Executive Committee meeting and the 7th edition of the ASSF Forum



Between the 11th and the 14th December 2018 the ASSF, now comprised of 21 members, gathered representatives from all over Asia to review and discuss the upcoming championships as well as the development of school sport in Asia. The Qatar School Sports Association (QSSF) Secretary General Mr Ali Ahmad Al Hitmi and Executive Director and ISF Executive Committee member Mr Abdulrahman Hasan Al-Muftah, welcomed participants to the event held in Doha, Qatar alongside the president of the ASSF, Mr Ailong Zhang and ASSF's Secretary General, Mr Jason Dong Xiaohua who both travelled from China. The special guest of the event was ISF continental president of Europe Mr Nicolaos Melagemos.

ASSF Forum was a great opportunity to address three important topics; strategic cooperation with ISF, school sports and its medical follow up as well doping control and similar issues related to school sport. To conclude the talks, Mr Panya Hanlumyung, the ISF continental president of Asia confirmed that Thailand would be hosting the next ASSF General Assembly, Executive Committee meeting and Forum.

The Ivorian Office of School and University Sports launched the season 2018/19

On December 11th, 2018, the Ivorian Office of School and University Sports (OISSU) launched their 2018-2019 season with the hosting of a cross country race in the Cote D'Ivoire, inviting delegations from Morocco, Senegal, Benin and France to participate. The event was held under the patronage of the President of the Republic, Mr Alassane Ouattara and the Prime Minister, Mr Daniel Kablan Duncan. Opened by ISF continental president of Africa Mr Youssef Belqasmi and ISF EC Member and General Director of OISSU Mr Souleymane Mamadou Kone participants were welcomed on behalf of the ISF president. The launch of the new season celebrates the success of the OISSU and its work, following the promise made by the Head of State to revitalise the OISSU in order to provide youth with regular sports competitions for all regions, eventually increasing its participation in the international scene.



Silver medallist from ISF Gymnasiade Münevver Hancı, Turkey, won bronze at YOG 2018 in Buenos Aires



The collaboration of sport and education is of course the primary aim for ISF throughout all organised events. Being able to present positive results of this keeps reinforcing this message and the goals accompanying it. One such example is that of Münevver Hancı of Turkey and her journey in the javelin throw event. Following her silver medal success at the 2018 Gymnasiade held in Morocco, Münevver carried on her winning ways by taking the bronze medal at the 2018 Youth Olympics in Buenos Aires. This is very much a proud moment for the Turkish School Sport Federation, Okul Sporları Federasyonu having supported such a high achieving young athlete who is a perfect demonstration to the possibilities surrounding school sports.

School Sport Federation of Ukraine held its General Assembly

With the Ukraine's impressive performance at the Gymnasiade event held in Morocco in the summer of 2018, achieving the first team place and taking a total of 112 medals (39 gold, 39 silver and 34 bronze). It's of no surprise to see school sport take a more important role in the country with the School Sport Federation of Ukraine's General Assembly being held on December 7, 2018 in Kiev. Vice Prime Minister, Mr Iacheslav Kyrylenko opened the assembly by recognising both the positive strides taken by the government in pushing the student sport cause and the recent success achieved by the nation's young athletes along with the pride generated from it. Mr Roman Greba, the President of the School Sport Federation of Ukraine, replicated these positive messages to the nation's young athletes. Following up by confirming the participation of the Ukraine in the ISF Combat Games, the "She Runs" event in Paris and the 'ISF Educational Games' on the international school sports front for 2019.



Participation of Madagascar at Confemen/Confejes conference

The ISF was fortunate to have the school sport federation of Madagascar present at the International Conference on the re-launch of physical education and sport in the different levels of education in the member states and governments of Francophonie, taking place in Cotonou, Benin on the 27th November 2018.

Njaka Rasoloarison, President of the Fédération Omnisports Scolaire Madagascar was able to inform us of the progressive talks occurring in Benin. The Conference of Ministers for Youth and Sport in Francophonie (CONFESJES) and the Conference of Ministers for Education for the Member States and Governments of Francophonie (CONFEMEN) collaborated with the Minister of Tourism, Sport and Culture of Benin in organising this event. The goal of this gathering was to review and discuss policy makers, an academic structure and partners in the hope of producing an official plan of action to re-launch the teaching of physical education. The structure of the Conference was composed of 3 Workshops to best focus on different areas of physical education whilst also presenting positive examples in order to put together this plan of action to push the teaching of physical education in Francophonie.

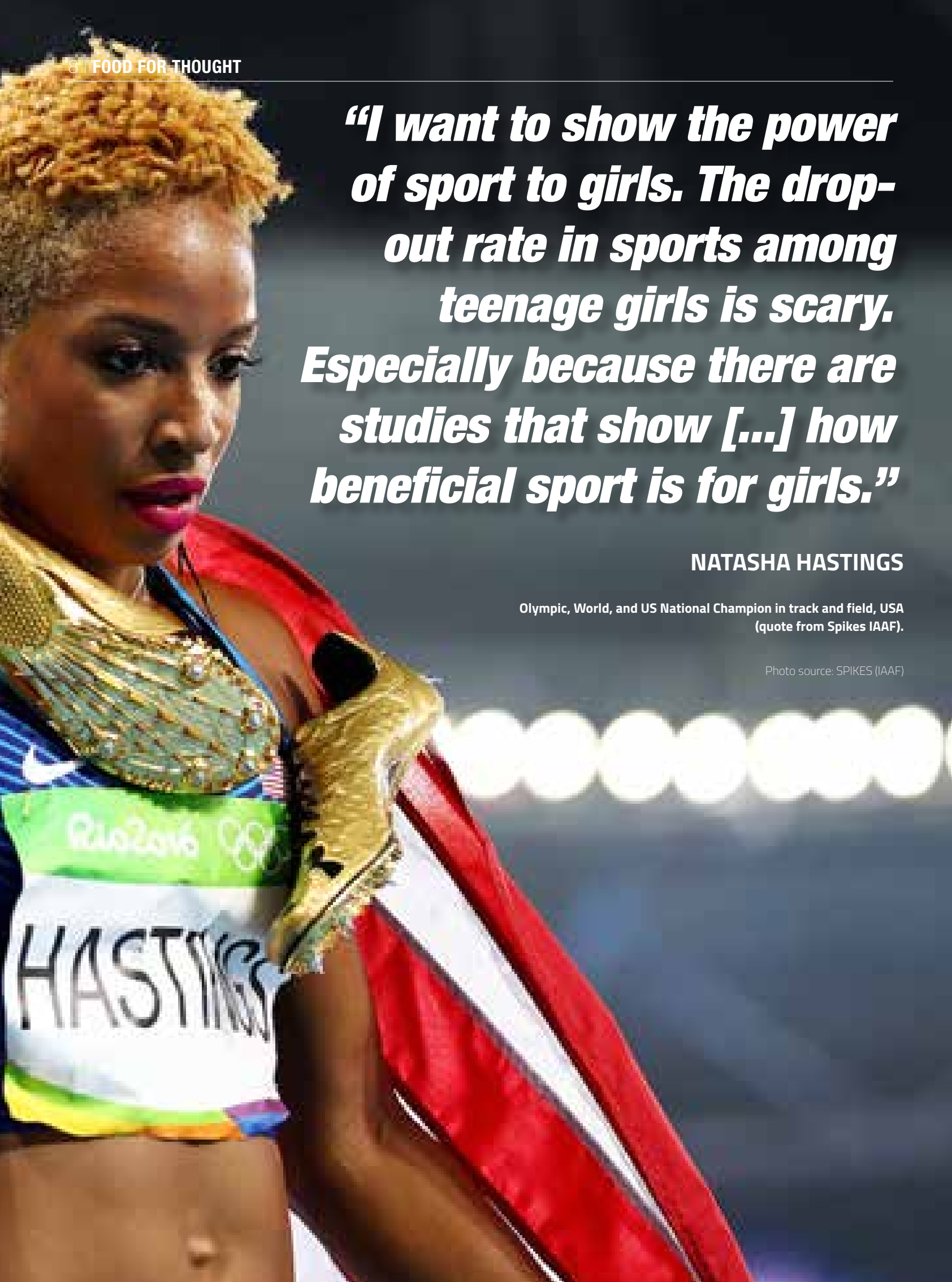


“I want to show the power of sport to girls. The drop-out rate in sports among teenage girls is scary. Especially because there are studies that show [...] how beneficial sport is for girls.”

NATASHA HASTINGS

Olympic, World, and US National Champion in track and field, USA
(quote from Spikes IAAF).

Photo source: SPIKES (IAAF)



SHE RUNS - ACTIVE GIRLS' LEAD PROJECT

Today more than ever, in order to reach gender equality, it is crucial to prepare the ground for girls as early as possible, to become the women confident enough to achieve their goals.

She Runs is a new project, developed by the International Sport School Federation (ISF), with the support of the European Commission (Erasmus + Sport) and in collaboration with the French School Sport Federation (UNSS), awaiting 500 girls to join the girls' empowerment initiative using School Sport as a tool to develop leadership skills, gain knowledge on the importance of physical activity and later, take action within their own home communities.

SHE RUNS IS A TRANSFORMATIONAL JOURNEY TO REVEAL THE LEADER INSIDE EVERY YOUNG WOMAN THROUGH SPORT!

The disparity of access to sports practices is particularly marked in the 15-24 age group, with considerably more young men tending to exercise or play sport on a re-

gular basis than young women. Only 15% of men aged 15-24 never exercise or play sport, compared to 33% of women in the same age group*.



Anna María from Iceland is a She Runs participant with a goal of playing football professionally and a dream to reverse the gender inequalities in sport.

*Special Eurobarometer 472 – Wave EB88.4 – TNS opinion & social



Co-funded by the
Erasmus+ Programme
of the European Union

THE PROJECT WILL START IN PARIS, FRANCE FROM MARCH 11TH TO 16TH, 2019 WITH SEVERAL OTHER ACTIVITIES IMPLEMENTED ALL ALONG 2019.

Beyond the benefits of physical activity or competitive sport, She Runs will gather 500 sportswomen coming from more than 35 countries and aged between 15 to 18 years old. The participants will take part in several activities (cultural, sport, educative, entrepreneurial), experiencing the educational values of sport and being introduced to concrete means to empower people around them through sport.

SHE RUNS IS A TRANSFORMATIONAL JOURNEY TO REVEAL THE LEADER INSIDE EVERY YOUNG WOMAN THROUGH SPORT!

We are convinced that school can be a safe and inspiring environment that facilitates youth development equally. We consider sport as a soft and dynamic tool that allows young people to discover themselves and their abilities.

She Runs - Active Girls' Lead 2019 sponsor.



VinylPlus® is the Voluntary Commitment to sustainable development of the European PVC industry. The VinylPlus programme was developed through open dialogue with stakeholders, including industry, NGOs, regulators, civil society representatives and PVC users. The regional scope of the 10-year programme is the EU-28 plus Norway and Switzerland. VinylPlus is registered as a partnership on the UN Partnerships for SDGs Platform. For additional information: www.vinylplus.eu. Follow us on Twitter @VinylPlus_EU and LinkedIn VinylPlus.

DIVIDED IN SEVERAL SPORT, EDUCATIONAL AND CULTURAL ACTIVITIES, SHE RUNS WILL GATHER 500 GIRLS STUDENTS COMING FROM MORE THAN 35 COUNTRIES.

Throughout this unique project the girl's students will:

- Engage in physical activities and promote it
- Get knowledge and acquire new competences
- Voice their experience and take action in their local communities
- Strengthen their involvement with National School Sport organisation

March 12th
2019

She Runs "The Cultural Scavenger Hunt"

500 participants discover Paris through a scavenger hunt mixing elements perspectives from the history of the city, of sport, and symbolic women.

March 13th
2019

"The Race & Village"

500 young women from 35 countries and 1500 young women of UNSS will run together to celebrate intercultural friendship and the benefits of sport for health

March 14th
2019

She Runs "The Talk"

3 women share their story with 500 participants and invite them to make a difference through sport.

March
15th - 16th
2019

She Runs "The Design Sprint"

60 participants design and shape projects to promote woman leadership and physical activities in their local community.

She Runs programme was developed by the International Sport School Federation (ISF), with the support of the European Commission (Erasmus + Sport) and in collaboration with the French School Sport Federation (UNSS).

WHY SHE RUNS?

She Runs is a groundbreaking new sport project tackling health, girls empowerment and gender equality in and through sport, developed by the International Sport School Federation (ISF), with the support of the European Commission (Erasmus + Sport programme) and in collaboration with the French School Sport Federation (UNSS).

ISF talked to the Mr Yves Le Lostecque, Head of the Sport Unit at the European Commission, Mr Sebastian Coe, president of IAAF, Mr Laurent Petrynka, president of ISF, and IOC education commission member and Ms Nathalie Costantini, National Director of UNSS (French School Sport Federation) to find out more about the reasons behind the organisation of this innovative project promoting health, physical activity and leadership among young women.



Yves Le Lostecque,
Head of the Sport Unit at the European Commission

WHY DID THE EUROPEAN COMMISSION DECIDE TO SUPPORT THE SHE RUNS PROJECT?

The «She Runs» project showed a great potential adding a lot of assets: a good concept, strong partners and the objective of promoting values which are shared by the Commission. In particular it is more than just a single sport event: it is under-

pinned by a sport and education program aiming to empower girls in and through sport which is one of the priorities of our sport policy at EU level. We also believe that the flagship event, a symbolic run in Paris on March 13th 2019, can have a strong communication impact and could positively amplify the reach of such an important message: that sport is not only key for our health and wellbeing but also that it can be a tool to promote equality, skills and values in everybody's life, in this case empowering women.

WITH THE GOAL TO HELP MOTIVATE GIRLS TO BE MORE ACTIVE AND ENGAGED IN SPORT, HOW HELPFUL IS IT TO MIX SPORT WITH EDUCATION (SCHOOL) LIKE IN THE 'SHE RUNS' EVENT?

Studies show that in order to promote healthy lifestyles among adults, we need to intervene at a young age, for example in schools. We need to instil good habits early and this is particularly true for girls who tend to drop out of sport once they reach teenage years. Schools are central in this approach, not only because children spend a big proportion of their day there, but also because they provide a

safe and trusted environment, conducive to learning, to influence behaviours and to promote important values such as integration and gender equality, going well beyond sport itself. This is why, for example, the education environment is also a focus theme in one of our main initiatives at EU level, the European Week of Sport and the #BeActive campaign.

WHAT IS THE EUROPEAN COMMISSION PLAN OR POLICY FOR FEMALE SPORT AND ENCOURAGING GIRLS TO DO SPORTS?

Gender Equality is a principle underpinning all EU activities, including sport. If we look at physical activity as one of the main solutions to fight obesity and unhealthy lifestyles in Europe, we need to face some really troubling statistics, showing that girls and women are even less likely to be active than boys and men. We therefore need to be particularly active in finding ways, if possible creative ways, to encourage girls from a young age to practice sport. Schools with the support of organisations such as ISF are privileged places for this. We all, at different levels, have a role to play in securing a good and safe sporting environment for our young

players and we need to make sport more attractive to girls and women: where are the female role models? Why are there so few female coaches? What can we do to give more visibility to female sport? How

can we best fight gender stereotypes in the media? And, last but not least, we need to look at the sport environment and its governance, and work with sport organisations and EU member states to en-

courage equality in leadership position. To do this, we count on great projects such as «She Runs» to translate all these policies into practice.

WITH THIS EVENT, THE PARTICIPANTS ARE COMING FROM COUNTRIES FROM ALL OVER THE WORLD. HOW IMPORTANT IS THE CULTURAL VARIETY FOR ISF?

This project is supported by the European Commission through the Erasmus+ Sport programme. It is therefore logical for the mobilisation of the European Union members to be activated within this framework. However, it was crucial for the ISF Executive Committee to open the opportunity for the participation to all ISF members. We have also developed a special grant program for specific countries from other continents to enable wider participation.

It could be said that for ISF, the cultural variety of participants is at the top of the list of importance. At every event, ISF provides youth with opportunities for intercultural exchanges and teaches values such as inclusion, tolerance, peace and equality.

One of our priorities is to give a maximum number of secondary school students the opportunity to engage in ISF events, to enable them to get an ISF experience at least once in their lifetime. Thanks to school sport, youth mobility and intercultural exchanges, young women and men have a chance to empower themselves and become active citizens who will continue to fight for values such as gender equality, inclusion and tolerance.

In order to stay healthy and strong, girls and young women from all backgrounds need to be active and involved with school sport. All around the World, sport and physical activity are essential parts of education.

** Special Eurobarometer 472 – Wave EB88.4 – TNS opinion & social*

However, in the 15-24 age group, considerably more young men exercise or play sport on a regular basis, with 33% of young girls, not physically active compared to 15% of young men*.

She Runs; using sport as a practice, will provide participants with the necessary skills and tools needed to make young women more aware of the benefits of sport and physical activity, and transfer that newly-gained knowledge into their communities, among their family and friends. In the long run, we hope to see She Runs will encourage more girls to be involved in sport, not only at a school sport level, but in all other areas of physical activity and the sport sector.

We must thank the European Commission and the Erasmus+ Sport programme which have selected our project She Runs for a grant in the non-profit sport event category, therefore enabling hundreds of girls to take part in this great project.

WHAT ARE THE LONG-TERM PLANS WITH SHE RUNS?

The long-term plan is to make She Runs a recurring event which will take place in various cities and include girls from different countries. We would also love to see more young women being involved with sport; not only as professional athletes but as leaders, as well as policy and decision makers.

In a few years of time, the young women which will have taken part in the inaugural event could make a return and participate in future She Runs events, as role models and leaders to the following generation of girls.



Laurent Petrynka,
ISF President,
IOC Olympic Education Commission Member

WHY SHE RUNS? WHY THE DECISION TO ORGANISE A SPECIFIC EVENT RELATED TO GIRLS' HEALTH AND EMPOWERMENT AND ADD IT TO THE ISF AGENDA?

Gender equality is one of the core values of the ISF. All ISF World Schools Championships always include both boy and girl participants. Unfortunately, in many cases the number of girls' teams or athletes is still lower compared to the number of boys.

To reach gender equality, it's crucial to prepare the ground for girls as early as possible, to allow them to develop into ambitious women who will join men in taking over the leadership roles and jobs which have traditionally been "dominated" by males.

We consider sport as a soft and dynamic tool which allows young people to find themselves and their talents, building self-confidence and learning leadership skills.



Nathalie Costantini,
National Director of UNSS (French School Sport Federation)

WHY IS THE SHE RUNS EVENT IMPORTANT IN THE UNSS AGENDA OF 2019?

Amongst its targeted objectives, the UNSS aims to bring a higher level of awareness to gender equality. A step already taken towards this, is the creation of the "La Lycéenne MAIF Run" event in

2017. The goal of this event was not only to gather an important number of young girls and women together. It was also to demonstrate that the less time spent by women than men in the practice of sport was not due to a lack of willingness to participate, but rather to the cultural and societal factors that divide the genders and their focuses in life (women seem to focus more on family life). The "She Runs, Active Girls Lead" event was created with similar vision and goals, displaying that these cultural and societal restrictions are present across many countries and not only in France. Therefore, continuing towards our objectives; participating in this European/international event the week following our 2nd edition of "La Lycéenne MAIF Run" event was an obvious decision, making it a part of our calendar for the year.

HOW HELPFUL CAN MIXING SPORT WITH EDUCATION BE, TO MOTIVATE GIRLS TO BE MORE ACTIVE AND ENGAGED IN SPORTS?

All human beings need to develop as well as preserve their general health. We also know that the combination of

a reasoned and balanced practice along with a physical potential can only be a positive towards a person's physical and mental wellbeing. The time in school appears to be an important factor in the construction of habit in the practice of sport and exercise. Therefore, education is surely important so that women are active and involved, especially in sport, but their involvement must be linked to a stronger sense of ambition and not to its representation in society. Sport helps reveal what is commonly happening in the organisation of our society and continues to progress as we look back but is not currently obvious when examining gender equality.

WHAT WOULD BE YOUR MESSAGE TO THE GIRLS PARTICIPATING AT THE EVENT?

Be yourself! With your participation you can show that women, like men like to meet to participate in activities for their physical and mental wellbeing. Women are not against sport, like we are often led to believe. This simply discourages and pushes women further away from being active and is not always their choice.

WHAT IS YOUR VIEW ON SHE RUNS AND GENDER EQUALITY IN SPORT, PARTICULARLY IN ATHLETICS?

Gender equality is one of the guiding principles of the IAAF and as such we support any initiatives that help women and girls to overcome the historical barriers to their full participation in sport. For this reason, I am delighted to support the International School Sport Federation's She Runs: Active Girls Lead campaign. My own experience as an athlete and then a sports leader tells me that sport, and athletics in particular, develops many of the skills that a leader requires, including confidence, capability, integrity and work ethic.

The IAAF now has equality on the field of play and we are actively working to bring

more female leaders in to all areas of our sport. We set up a gender taskforce last year to identify opportunities and clear barriers to women rising through the administration ranks, and this year we will have a female vice-president and a female athlete as voting members of our council for the first time. This drive for inclusiveness is necessary if our sport is to represent the world we live in and appeal to future generations.

I would urge all girls to embrace the opportunities offered by this programme to explore and expand their physical abilities and use the confidence that brings to become leaders of the future.



Sebastian Coe,
President of IAAF (International Association of Athletics Federations)

2019 ISF Events FACTS & FIGURES

'She Runs' Active Girls Lead



DATE	11 th March – 16 th March
City	Paris
Country	France
Host	Union Nationale du Sport Scolaire (UNSS)
Facebook	www.facebook.com/sherunsISF
ISF Website	www.sheruns.eu
Inaugural Event	This is the first event of its kind
# Previous Events	0

ISF Educational Games



DATE	27 th March – 2 nd April
City	Athens and Olympia
Country	Greece
Host	The Panhellenic Union of the Graduates of Physical Education (PEPFA), Central Union of Municipalities of Greece (KEDE), International Olympic Academy, Municipalities of Athens, Cities of Ancient Olympia, Athens, Nea Smyrni and Ilioupolis and the Region of Western Greece
Facebook	www.facebook.com/ISFWSS.EducationalGames
ISF Website	www.isfsports.org/educational-games-0
Inaugural Event	2014 in Athens and Olympia
# Previous Events	5

WSC Volleyball – U15



DATE	30 th March – 6 th April
City	Poreč
Country	Croatia
Host	Croatian School Sport Federation (C.S.S.F.)
Facebook	www.facebook.com/ISFWSCvolleyball
ISF Website	www.isfsports.org/volleyball
Inaugural Event	This is the first U15 WSC for Volleyball
# Previous Events	0

WSC Football



DATE	6 th April – 14 th April
City	Belgrade
Country	Serbia
Host	Serbian School Sports Federation
Facebook	www.facebook.com/ISFWSCfootball
ISF Website	www.isfsports.org/football
Inaugural Event	1972 in Herentals, Belgium
# Previous Events	25

WSC Basketball



DATE	12 th April – 20 th April
City	Heraklion
Country	Greece
Host	Greek Ministry of Education, Research and Religious Affairs
Facebook	www.facebook.com/ISFWSCbasket
ISF Website	www.isfsports.org/basketball
Inaugural Event	1973 in both Ankara, Turkey (♂) and Tampere, Finland (♀)
# Previous Events	24

WSC Orienteering



DATE	29 th April – 5 th May
City	Otepää
Country	Estonia
Host	Estonian School Sport Union
Facebook	www.facebook.com/ISFWSCorienteering
ISF Website	www.isfsports.org/orienteering
Inaugural Event	1987 in Jönköping, Sweden
# Previous Events	17

WSC Athletics



DATE	13 th May – 19 th May
City	Split
Country	Croatia
Host	Croatian School Sport Federation (C.S.S.F.)
Facebook	www.facebook.com/ISFWSCAthleticCup
ISF Website	www.isfsports.org/athletics
Inaugural Event	1973 in Athens, Greece
# Previous Events	22

WSC Swimming



DATE	18 th May – 23 rd May
City	Rio Do Janeiro
Country	Brazil
Host	Confedera ao Brasileira do Desporto Escolar (C.B.D.E.)
Facebook	www.facebook.com/ISFWSCswimcup
ISF Website	www.isfsports.org/swimming
Inaugural Event	1997 in Antwerp, Belgium
# Previous Events	11

WSC Climbing



DATE	18 th May – 24 th May
City	Aubenas
Country	France
Host	Union Nationale du Sport Scolaire (UNSS)
Facebook	www.facebook.com/isfclimbing
ISF Website	www.isfsports.org/climbing
Inaugural Event	This is the first WSC for climbing
# Previous Events	0

WSC Tennis



DATE	2 nd June – 9 th June
City	Castel DI Sangro
Country	Italy
Host	Ministero dell'Istruzione, dell'Università e della Ricerca
Facebook	www.facebook.com/ISFWSCtennis
ISF Website	www.isfsports.org/tennis
Inaugural Event	1995 in Duisburg, Germany
# Previous Events	9

WSC Triathlon



DATE	3 rd June – 7 th June
City	Castelnaudary
Country	France
Host	Union Nationale du Sport Scolaire (UNSS)
Facebook	www.facebook.com/ISFWSCtriathlon
ISF Website	www.isfsports.org/triathlon
Inaugural Event	2013 in San Juan, Puerto Rico
# Previous Events	3

Combat Games



DATE	16 June – 21 st June
City	Budapest
Country	Hungary
Host	Hungarian School Sport Federation
Facebook	www.facebook.com/ISFCombatGames
ISF Website	www.isfsports.org/combatsports
Inaugural Event	2017 in Agra, India
# Previous Events	1

WSC Flying Disc/Ultimate



DATE	24 th June – 29 th June
City	Le Mans
Country	France
Host	Union Nationale du Sport Scolaire (UNSS)
Facebook	www.facebook.com/ISFUltimate
ISF Website	www.isfsports.org/flying-disc
Inaugural Event	This is the first WSC for Flying Disc
# Previous Events	0

ISF Inclusive Games



DATE	7 th July – 12 th July
City	P óvoa de Varzim
Country	Portugal
Host	Divisão do Desporto Escolar (DGE)
Facebook	www.facebook.com/ISFinclusivegames
ISF Website	www.isfsports.org/inclusive-games
Inaugural Event	This is the first organised Inclusive games by the ISF
# Previous Events	0

WSC Beach Volleyball



DATE	3 rd October – 10 October
City	San vito lo capo
Country	Italy
Host	Ministero dell'Istruzione, dell'Università e della Ricerca
Facebook	www.facebook.com/ISFWSCvolleyball
ISF Website	www.isfsports.org/beach-volleyball
Inaugural Event	2011 in Anasco, Puerto Rico
# Previous Events	4

WSC Dance



DATE	6 th October – 12 th October
City	WSC Dqnce
Country	Russia
Host	Russian Socio-State Society of Physical Training Junost Rossii "The Youth of Russia"
ISF Website	www.isfsports.org/dance
Inaugural Event	This is the first WSC for Dance
# Previous Events	0

WSC Chess



DATE	TBD
City	TBD
Country	Armenia
Host	Republican Sports Federation of School Boys (RSFS)
ISF Website	www.isfsports.org/chess
Inaugural Event	This is the first WSC for Chess, being previously part of the Gymnasiade.
# Previous Events	0

Inside ISF

III ISF EXECUTIVE COMMITTEE MEETING AND SEMINAR HOSTED BY SOCHI, RUSSIAN FEDERATION

Between the 15th and 20th of November 2018, the 3rd ISF Executive Committee in 2018 (EC) meeting and seminar was held in Sochi, Russian Federation. The event was organised by ISF in cooperation with 'The Youth of Russia' and led by EC Member and president of Russian School Sport Federation, Mr Alan Abaev.

Participants of the five-day seminar included ISF EC members and representatives from various national school sport federations. Amongst those present were special guests, Deputy Mayor of Sochi, Ms Marina Vartazaryan and Director of 'South Sport' and representative of the Russian Federation's Ministry of Education, Mr Mikhail Dryomov. This inclusive gathering enabled the current and future development of the federation and as well as the attribution and presentation of future ISF events to be discussed and assessed in depth.

Further discussions with the Technical Commission also included the ISF Sport Committee in order to specifically assess the 2018 season whilst outlining the direction for the upcoming ISF sport policy and the desired goals. In addition, the level of progress in the preparations for the ISF World School Championships (WSCs) scheduled for 2019 and 2020 were reported. With the conversation involving the upcoming WSC's, it was officially announced that Armenia would be hosting the newly created 2019 WSC for chess. With the country already set to host the 2020 WSC for Sambo it was fantastic news to witness the continued growth of Armenia's involvement with ISF. Continuing on with the creation of new WSCs, the

inaugural ISF Beach Games shall be hosted by Ukraine in 2020.

With events from 2020 in mind, prior to the gathering in Sochi, an ISF delegation made

its first official visit to the host of the Gymnasiade 2020, Jinjiang, China. During the time in Sochi, the representatives of Jinjiang which included the Mayor of the city, Mr Zhang Wenxian, presented the official

report on the visit and the progress of the event.

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This expanding school sport and education network is highlighted by the five new countries that have recently become ISF members. The addition of Afghanistan, Libya, Malawi, The Philippines and Sierra Leone has brought the number of ISF members up to 118 showing the strong size of network present but with the goal to continue to expand and strengthen it. The III Executive Committee meeting and ISF seminar greatly contributed to reinforcing the development of ISF Vision 2030 whilst confirming that ISF is taking significant and positive steps forward in becoming global leader in the unison of sport and education.



Inside ISF

Mr HRVOJE CUSTONJA APPOINTED AS THE NEW SECRETARY GENERAL/CHIEF EXECUTIVE OFFICER OF ISF

Mr Čustonja has taken up the role of ISF Secretary General/Chief Executive Officer, bringing with him a vast array of knowledge and experience gained from over 10 years in the field of education and sport.



Throughout his life, Hrvoje Čustonja has always had a love for sport. From partaking in numerous sports, to graduating as a Physical Education teacher at the University of Zagreb, Croatia. From there, Mr Čustonja began his involvement with the Ministry of Science, Education and Sport in Croatia, taking on several adviser positions from 2006. The following year he then joined the Croatian School Sports Federation, initially as a Senior Advisor, then later becoming the federation's Secretary General, position that he occupied until December 2018.

At the international level, it was in 2012 when Hrvoje Čustonja first became an active part of the ISF family, joining as a member of the ISF Executive Committee (EC). In 2018, following 6 years with the EC, the General Assembly elected Mr Čustonja as treasurer of the ISF.

Mr Čustonja statements: "I am extremely honoured to have been appointed as Secretary General/CEO of the ISF. I am looking forward to further building upon the legacy that ISF has built since 1972, continuing to develop and strengthen its foundations. Taking care of ISF members whilst recognising the great history of the ISF is the basis of going further and continuing our growth. I really believe in the school sport movement of which ISF has become one of the most important sports federations in the world. My intention is to continue the process of expanding the ISF family, helping to promote school sport around the world."

Member Country Focus

ARGENTINA



ISF member, Argentina, has already made plans to become a far more significant feature in future ISF events. Their school sport federation, FADE; Federación Argentina de Deporte Escolar has already been a key player in representing school sport and education at the 2018 Youth Olympic Games.

After the 2018 Executive Committee meeting in Rio, Brazil, Argentina has been officially accepted and confirmed as an ISF member. Its membership is crucial for the School Sport development across the South America, and beyond, as FADE represents a strong and essential member for the growth of ISF.

FADE was in attendance at the III Summer Youth Olympic Games hosted by Argentina's capital, Buenos Aires (6-18 October 2018). During this period, a working session was held, which included the ISF president Mr Laurent Petrynka, to discuss the future development and FADE's integration within the ISF.

The opportunity created by the Youth Olympic Games has allowed FADE a platform to cooperate together with other national sport federations. Allowing the discussion of common strategies to develop sports in Argentinian schools (bring sports to school) and to discuss the selection process of schools/students for international events.

Furthermore, FADE has discussed possible strategies with the Argentinian Ministry of Education. Primarily, with the objective to unify school sport processes, done by proposing a common concept for all international, national and provincial levels whilst maintaining and respecting every provinces' specific requirements.

During an interview with the president of School Sport Federation of Argentina Mr Leo Troncoso the following strategy on development and improvement of the federation was explained:

«We are developing our strategic plan over the next 5 years. With this plan, we work with different commissions to develop and drive the federation at the national level. We are integrating the FADE within the agenda of the educative system. We work strongly with the two essential pillars of education and sport, and toward

ds their fusion. There is still a long way to go but we have just started; our staff is young, full of energy, motivation and enthusiasm, and we try to bring the FADE at the highest level».

FADE's future plans in increasing their involvement within the ISF in the next couple of years also include the possibility of taking on the organising of the ISF World School Championships as well as other events.



ISF & Youth

SHE RUNS - ACTIVE GIRLS' LEAD PROJECT THROUGH THE EYES OF YOUTH

Ana Marija and Idora, 17 year old Volunteering in School Sport (V2S) participants from Croatia, talk about the upcoming event She Runs, girls' empowerment and the benefits of projects using sport as a tool for education.

WHY DO YOU THINK PROJECTS LIKE SHE RUNS ARE IMPORTANT?



Ana Marija: Projects like She Runs are important because they help young people develop and gain skills through fun and interesting activities related to sport. In my opinion, young women should get involved with She Runs also because it can help them to express and find themselves.



Idora: These projects help in increasing female participation in sport and I'm glad they are being organised. As a big believer in gender equality, I hope there will be more and more similar projects in the future, until they are no longer needed.



Idora: Projects like these are very important because they use education through sport to tackle major social issues, such as inclusion and gender equality. All young women should get involved with these projects because by participating, they help raise awareness on important issues. They are also a great opportunity to make some new friends, improve your English and get in touch with others' culture.

AS A YOUNG WOMAN IN SPORT, HOW HELPFUL DO YOU THINK PROJECTS LIKE THIS ARE IN INCREASING FEMALE PARTICIPATION IN SPORT?



Ana Marija: I think most of the girls today don't participate in any sport activities, and that should change. We often have prejudices that girls are weak which is totally wrong. We (girls) should swim, run, ski and play any sport we want and show the world that we can be as good as boys, if not even better. I would like to see more projects like



Idora: Both V2S project and School Sport benefited me very much and thanks to them, I gained (and I am still gaining) a lot of experiences and skills. For example, I speak English better, I can express my thoughts and feelings easier, I plan things better and take more responsibilities, I am

this in future because I think that through them we can raise awareness on the fact that women need to do sports.

more skilled in using media technology, more creative, more motivated to volunteer, and my favourite ones - I met a lot of new friends from all over Europe and learned a lot about their cultures.

SHE RUNS WILL INVOLVE PARTICIPANTS FROM MORE THAN 35 COUNTRIES. WHAT WAS YOUR EXPERIENCE LIKE FROM BEING IN A PROJECT WITH DIFFERENT NATIONALITIES?



Ana Marija: Actually, that was the best part. When I first arrived I was worried because before I had never been in a room full of people who don't speak my language. And I was very surprised because we ended up like a big happy family. We are still in contact, sending each other birthday wishes and holidays cards.



Idora: Meeting new people is my favourite part of these projects, especially when they are from different countries because then, you're not only meeting people, you are meeting culture and customs. It also helps you gain some new competences, like, you're able to respect differences, communicate without discriminations, express solidarity with others, you are willing to overcome stereotypes and prejudices, value Human Rights and democracy. Also by learning about other peoples' culture, you begin to understand more, and start being critical, to your own.



Kinder+Sport is a global and responsible project developed by the Ferrero Group, aimed at supporting physical activity among young generations.

The programme stems from the knowledge that an active lifestyle is an essential part of a positive daily routine for children, teens and families. The goal of Kinder+Sport is to increase levels of physical activity among young generations around the world, giving them the possibility to develop a skill-set able to help them acquire proper behaviors and social and ethical attitudes.

We strongly set education at the core of our project, to help children grow up with the most worthy values of sport and life such as honesty, friendship, unity and trust in others.

INTERVIEW with ISF continental president of Asia

Mr PANYA HANLUMYUANG

Dr Panya Hanlumyuang is the Director General of Thailand's Department of Physical Education, and also the ISF Continental President of Asia and the Vice President of Asian School Sport Federation (ASSF). Over the past few decades, Dr Hanlumyuang gained valuable experience in sport and beyond, as a FIFA coach and referee, technical committee member for football at the 24th Universiade in Bangkok, and a member of a subcommittee at the 24th Sea Games, held in Nakhon Ratchasima.



AS A THE DIRECTOR GENERAL OF THAILAND'S DEPARTMENT OF PHYSICAL EDUCATION AND ALSO THE ISF CONTINENTAL PRESIDENT OF ASIA, HOW ARE YOU SATISFIED WITH THE RECENT ASIAN SCHOOL SPORT FEDERATION'S GENERAL ASSEMBLY? WHAT ARE SOME OF THE OUTCOMES OF THE MEETING AND THE FORUM?

According to the recent ASSF General Assembly in Qatar in December 2018, as ISF Continental President of Asia, Vice President of ASSF and DG of Thailand's Department of Physical Education, I was highly satisfied with the number of ASSF members presented in this General Assembly. There were a total of 27 delegates from 12 member countries (out of 18 members). Also, we welcomed three new members from Lebanon, Nepal and the Philippines. Therefore, ASSF have a total number of 21 member countries. Specifically, we had ISF Continental President of Europe Mr Nicos Megalemos and ISF Strategic Cooperation Director Mr Kole Gjeshaj as invited guests for such General Assembly and kindly presented the way forward to extend the cooperation between ISF and ASSF.

Various significant outcomes of this ASSF General Assembly included three new

member countries as mentioned above, the election of ASSF EC and TC members, the launch of ASSF Website in 2019, the confirmation of host country of ASSF Championships and Meeting and various management issues of ASSF.

According to the Forum which we had two invited guests from ISF, it was such a great platform for ASSF member countries who are not the members of ISF to learn about school sport beyond Asian region. Becoming ISF members will bring greater opportunities for not only our young athletes but also sport officials. Our young athletes will have more chances to participate in various WSC worldwide which will increase their sporting talents as well as exchange and learn different cultures.

Next ASSF General Assembly will be held in Thailand possibly in December 2019. And, we hope that we would have an opportunity to welcome ISF representatives to our country for the first time.

COULD YOU EXPLAIN HOW DO YOU SEE THE DEVELOPMENT OF SCHOOL SPORT IN ASIA; WHAT ARE SOME OF THE UPCOMING EVENTS ASIAN COUNTRIES WILL ORGANISE?

I strongly believe that all Asian countries perceive sport as a significant part of school life and is crucial in the development of students in both physically and mentally aspects. Many Asian countries have organized various sporting activities and events not only national level but also international level. However, the participation

rate of international championships may not that high due to budget constraint.

The ASSF have a total number of 21 member countries, approximately a little bit more than half of those members are actively participating in Asian School Championships. Some countries do not have enough students who are interested in participating in our Championships, while some are not being able to send teams because of budget constraint. These problems need to be solved and it needs different approaches in different countries. Therefore, ASSF delegates are more likely to focus on those issues and have to convince and closely work with related agencies in their respective countries.

However, ASSF has been tremendously developed compared with previous years. And we will never stop developing our school sports in our region. For instance, since we recognized that archery was not popular and we did not have enough athletes in our region, then we started replacing it with squash. And next year squash will be organized for the first time in our Asian School Championship in Hong Kong. You can see that ASSF put our utmost efforts and commitments for our young athletes.

In August 2019, ASSF will organize two Championships including the 7th Asian School Table Tennis Championship in India and the 1st Asian School Squash Championship in Hong Kong, China. We have another two Championships open for candidate next year which are the 3rd Asian School Rugby Sevens Championship and the

6th Asian School Swimming Championship. Also, Thailand will be hosting ASSF General Assembly and the 8th ASSF Forum in December 2019. In addition, under the Asian School Football Federation, Thailand will be hosting the 1st Asian School Futsal Under-18 Championship and Asian School Football Federation General Assembly in August in Bangkok.

ACCORDING TO YOU IN WHAT ASPECTS DO YOU THINK THE ASIAN SCHOOL SPORT FEDERATION CAN GROW AND IMPROVE ITSELF?

The ASSF can grow faster if ASSF receives technical assistance or sponsorships from related organizations. We can improve our standards, for instance, in how to organize our Championships in more professional ways from international sport federations. Our sports personnels such as coaches and referees can gain more knowledge and experiences from other sport professionals at higher level as well. Therefore, we need to work collaboratively with other school sport organizations because ASSF is not alone. In this respect, if we look more closely at school sport organizations, becoming the ISF members can assist ASSF by learning from ISF experiences to improve our standards in both competition and management aspects. Another respect that the ASSF can grow and improve itself is related to supports from their governments. The ASSF aims to organize school sport competitions, promote school sport activities and to strengthen unity and enhance international friendship among Asian students through our activities. Unfortunately, policy always change when the government change. Therefore, we need to convince our government to pay more attentions to school sports, not just elite sports. Sometimes, these incidents would finally result in not sending teams to participate and/or not hosting any ASSF Championship. In this regard, the ASSF's objectives cannot be pursued and achieved. Our talented students should have opportunities to compete and nurture their talents by taking part in various school sports competitions both national and international levels. And, the later is our major task. We have to inspire our young athletes and provide them with platforms where they can pursue their dreams and fulfil their aspirations. However, I have to clarify that such incidents happened only in some countries, not all ASSF countries. In addition, the ASSF can grow in terms

of number. Asia continent consists of 48 countries and 3 other territories, according to the United Nations. Currently, we have a total number of 21 member countries and territories. Therefore, we still have more opportunities to expand our regional cooperation by increasing the number of member countries. As Vice President of ASSF with the leadership of China as ASSF President, we have strong confident that we will be able to invite more Asian countries to become our members in the very near future.

WHY DID YOU DECIDE TO RUN FOR A POSITION OF THE ISF CONTINENTAL PRESIDENT OF ASIA? WHAT WAS YOUR MAIN MOTIVATION?

Being in the positions of ASSF Vice President and President of the Asian School Football Federation, Thailand organized many Asian School Championships and related meetings every year. We always participate in most Asian School Championships hosted by our friends in Asia. So, we are strongly confident that Thailand is one of the active members of all Federations.

In terms of ISF, Thailand has become a member of International School Sport Federation since the year 2010. We have involved in ISF World School Championships gradually as the selected teams have been added in ISF events. However, we participated in ISF General Assembly from the very beginning of our membership. In 2018 ISF General Assembly in Rio de Janeiro, I felt that it was an excellent opportunity for me to serve school sports in another different but bigger platform. Then, it marked the new chapter for Thailand as ISF Continental President of Asia.

According to my experiences in school sports in both national and international levels, I believe that school sports in Asia can grow even stronger and bigger. Even we have many countries with high sport performance and great sport facilities and infrastructure, we will not stop learning from other friends from other regions in order to improve ourselves. Lastly, before my retirement, I just want to do the best that I can do, with all my efforts and commitments, to improve school sports not only for students in my country but also in Asia and worldwide.

WHAT ARE SOME OF THE LESSONS YOU HAVE LEARNT THROUGHOUT YOUR SPORT CAREER WHICH YOU WOULD LIKE

TO TRANSFER ON, OR TEACH TO, YOUNG ISF ATHLETES?

As a former PE teacher, from the very beginning, we should teach our students to play sport for fun and for their healthy lifestyle, not only for winning. When our students can improve their sports skills at certain levels that can play in international events, we need to teach them to take such opportunities to exchange skills and experiences with other friends from different countries. Just stop worrying about language barrier. Sport, like music, is a language that everyone can understand and enjoy no matter how different we are. It will not only improve their performance but also learn and understand people from different cultures.

My past career mostly involved football. Football is a team sport of which the final result comes from the entire team, not from specific players. On the other hand, individual sports, such as golf and tennis, the final result comes entirely from you. From my point of view, team sports can teach our students to communicate with others to reach their common goals. Team sports can also teach them how to trust and understand other players. I am not saying that playing team sports is better than individual sports. But team sports are more likely to help our young athletes to develop their life skills when they grow older in bigger world.




For all sports, you can practice and train as much as you want. In real competitions, many athletes experience in intense competitions. Therefore, mental preparation is also crucial for all athletes. They have to stay focused on the games and try not to be distracted from surrounding environment and, sometimes, the competitors who try to upset you. Young athletes should learn how to handle such situations and release their anger; otherwise it will affect their entire games.

Lastly, sportsmanship and sport etiquette are also crucial for young athletes. You have to respect your competitors, your team and officials. If you think that the consideration made by official may not correct, talk with him/her with respect, instead of yelling. And don't fight back if your opponents start. Sometimes you may lose, congratulate with the winner with respect. These are some basic sportsmanship rules that young athletes should know and are able to do.

CALENDAR

LAST UPDATED FEBRUARY 15, 2019





2019

She Runs - Active irls'Lead	11/03 - 16/03	Paris	 France
1. Executive Committee	22/03 - 25/03	Larnaca	 Cyprus
Educational Games	27/03 - 02/04	Athens - Olympia	 Greece
ISF WSC Volleyball - U15	30/03 - 06/04	Poreč	 Croatia
ISF WSC Football	06/04 - 14/04	Belgrade	 Serbia
ISF WSC Basketball	12/04 - 20/04	Heraklion - Creta	 Greece
ISF WSC Orienteering	29/04 - 05/05	Otepää	 Estonia
ISF WSC Athletics	13/05 - 19/05	Split	 Croatia
ISF WSC Climbing	18/05 - 24/05	Aubenas	 France
ISF WSC Swimming	18/05 - 23/05	Rio de Janeiro	 Brazil
ISF WSC Tennis	02/06 - 09/06	Castel di Sangro	 Italy
ISF WSC Triathlon	03/06 - 08/06	Castelnaudary	 France
Combat Games	16/06 - 21/06	Budapest	 Hungary
ISF WSC Flying Disc	24/06 - 29/06	Le Mans	 France
Inclusive Games	07/07 - 12/07	Póvoa de Varzim	 Portugal
ISF WSC Beach Volleyball	03/10 - 10/10	San Vito lo Capo	 Italy
ISF WSC Dance	06/10 - 12/10	Oryol	 Russian Federation
2. Executive Committee	TBC	(...)	(...)

2020

ISF WSC Sambo	TBC	TBD	 Armenia
ISF WSC Basketball 3x3	TBC	Rajnandgaon	 India
ISF WSC Handball	TBC	Belgrade	 Serbia
ISF WSC Futsal	TBC	Lyon	 France
ISF WSC Volleyball	TBC	Foz do Iguacu	 Brazil
ISF WSC Beach Volleyball	TBC	TBC	 Ukraine
ISF WSC Badminton	TBC	Olympia	 Greece
ISF WSC Cross-Country	TBC	Šamorín – Čilisto	 Slovakia
ISF WSC Table Tennis	17/10 - 24/10	Jinjiang	 China
Summer Gymnasiade	17/10 - 24/10	Jinjiang	 China

2021

ISF WSC Beach Volleyball	TBC	TBD	 Israel
ISF WSC Dance	TBC	Beijing	 China
Combat Games	TBC	Baku	 Azerbaijan
ISF WSC Athletics	TBC	Trazbon	 Turkey
ISF WSC Tennis	TBC	Bayamon	 Puerto Rico
ISF WSC Swimming	TBC	Vichy	 France
ISF WSC Orienteering	TBC	Belgrade	 Serbia
ISF WSC Basketball	TBC	(...)	(...)
ISF WSC Football	TBC	(...)	(...)
ISF WSC Triathlon	TBC	(...)	(...)
ISF WSC Climbing	TBC	(...)	(...)
ISF WSC Flying Disc/Ultimate	TBC	(...)	(...)
Inclusive Games	TBC	(...)	(...)

Remark: between brackets = application / not yet decided/confirmed
TBC = To be confirmed



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